

Erasmus+ prakses mobilitātes veiksmes stāsts



Vārds, uzvārds: Maria Beatriz Ferrão e Castro

Vecums: 22 gadi

Nosūtošā augstskola: Viseu Politehniskais institūts, Veselības zinātņu skola

Mobilitātes valsts: Latvija

Prakses institūcija: Traumatoloģijas un ortopēdijas slimnīca, Dunties ielā 22, Rīgā

Prakses darba joma: māsziņības un dzemdniecība

Mobilitātes perioda ilgums: 10 nedēļas

Reflection about my practice in Traumatoloģijas un ortopēdijas slimnīca

November/December 2014

During this 2 and half weeks that I spent on the 3^A department I learned so much. First of all, I was very well received; everyone was so welcoming, I was always treated as equal as any nurse that works there and everyone showed respect for me.

In the firsts two weeks, I was working under the orientation of nurse Elva Pule, and I felt like the luckiest student ever, because nurse Elva is the most kind and comprehensive nurse/teacher that I've ever met. She really understood my situation as an Erasmus student and she made sure that I was well integrated in the department.

In last few days, I worked with nurse Kate Amerika, whom I already knew, and because I was already used to the practices of this department, she gave me the responsibility of doing almost everything by myself, which was great for me.

During this practice I felt that the relationship between me and the other nurses was a relationship of learning, but must of all, it was a relationship of trust. They made me feel very comfortable to ask questions whenever I needed, instead of fear. I felt like I was working in partnership with them, wish increased a lot my self-confidence.

Due to some preconception ideas, I was a bit afraid that the patients weren't so open-minded about Erasmus students, but soon I was proved wrong. They were very nice and supporting to me. I was able to deal with so many different situations to the ones that I was used to, so I get much more open minded.

In conclusion, this was my favourite practice ever! I always felt really useful for my patients and really confident it what I was doing, I that is due to the amazing people I worked with.



Thank you so much for everything, I leave this hospital with my heart full of happiness!

