



6th International Student Olympiad

Massage skills 2022

REGULATION

1. Goals and objectives of the Olympiad

- 1.1. comprehensively examine students' theoretical knowledge and practical skills;
- 1.2. develop independent cognitive skills;
- 1.3. to give the opportunity for students to acknowledge the practical skills

2. Organizer: Riga Medical College of the University of Latvia

3. Target audience: students who have had tuition/training in massage.

4. Olympiad language: English

5. Conduct of the Olympiad:

- 5.1. The Olympiad takes place on **19th -20th May, 2022** at Riga Medical College of the University of Latvia. Venue: Hipokrata Street 1, Riga, Latvia
- 5.2. Educational institutions can nominate 1 - 2 student contestants and teachers as evaluators/judges (one teacher per one or two students);
- 5.3. Participants arrive on 18th May, 2022, (or on May 19th – it depends on the number of participants) to familiarize themselves with the venue and evaluation criteria before the event
- 5.4. Participants need to fill in Application form which can be found in this olympiad description: www.rmkoledza.lu.lv/eng/massageolympiad2022
- 5.4.1. Supporters also are invited to participate at the Olympiad. Please note the number of supporters at Application form
- 5.5. Procedure of the Olympiad will be specified after receiving the participants' applications;
- 5.6. Procedure of the Olympiad may vary depending on the number of participants.

6. Olympiad evaluation procedure

- 6.1. Olympiad consists of 3 parts:
 - 6.1.1. Theory – anatomy and basics of classical massage. N.B. theoretical part should also be performed in English;
 - 6.1.2. Practical skills examination: Mandatory programme - Classical Back massage (30 min.);
 - 6.1.3. Practical skills examination: Elective programme – Elective massage technique (45 min.).
- 6.2. The Olympiad will be judged by the teaching staff members of the participating educational institutions and/or an independent judge.
- 6.3. The Olympiad contestants will be judged according to pre-selected evaluation forms.

7. Winners and awards

- 7.1. Three students with the highest score shall receive awards;
- 7.2. Contestants are judged in categories - "The Best in Classical Massage", "The Best in Elective Massage", "The Best in Theory" and other categories, such as "The best aesthetic design", "Award of the audience" and many more.
- 7.3. All participants shall receive a certificate of participation.